

League Table – Division 3 – After Match 3 of 4 (2<sup>nd</sup> July 2010)

	Team	Match Points	League Points
1st	Exeter Harriers	278	10
2nd	Thurrock Harriers	277	11
3th	Woking AC	253.5	9
4th	Vale of Aylesbury AC	221	8
5th	Andover AC	216	9
6th	West Norfolk AC	216	8
7th	Brighton & Hove City AC	215.5	10
8th	City of Norwich AC	210	7
9th	Croydon Harriers	209	9
10th	Watford Harriers	208	6
11th	Bracknell AC	199	7
12th	Hillingdon AC	199	6
13th	Ryston Runners	196	6
14th	Highgate Harriers	153	5
15th	London Heathside AC	141	4
16th	Dorking, Mole Valley AC	122	4
17th	Orion Harriers	121	4
18th	City of Plymouth AC	72	2
19th	Southend on Sea AC	19	1