



A MESSAGE FROM THE UK LEAGUE CHAIRMAN NORMA BLAINE

It is with great pleasure that I welcome McCain to their second year of sponsorship of the UK Young Athletes League.

This season sees some changes to the structure of the England / Wales divisions of the league, these following many months of discussion and after listening to the many comments and suggestions from the member clubs. The proposals were accepted by a large majority at the league AGM in November 2009.

The league management group have worked very hard, listened to all suggestions and are confident that the new format should see a continuation of the exciting competition that the league programme provides. As Chairman I take this opportunity to thank all our member clubs, the many officials who help us through the season, the team managers and all those who act as volunteers and make the league the successful stepping stone to the future that it is.

I wish you all a successful season in 2010.

McCain Young Athletes League 2010 - Timetable for Premier & Divn 1 Matches

TRACK EVENTS			LINE UP ATHLETES "A" lanes 1,2,3 and "B" in 4,5,6. MATCH 1 THEN MATCH 2						RUN MATCH 1 AND MATCH 2 TOGETHER in all field events, 3000m, 1500m, 1500m S'chase and relays			FIELD EVENTS			CLUB ON DUTY																																																																																																																																																																																																																																																																																																																									
TIME	A/G	EVENT	MATCH 1			MATCH 2			DRAW NUMBER REFERS TO CLUBS AS LISTED UNDER:-			TIME	A/G	EVENT	1	2	3	1B	2B	3B																																																																																																																																																																																																																																																																																																																				
11.30 SPRINT HURDLES	U13G	70m	1	2	3	1B	2B	3B	MATCH 1 MATCH 2	1 Primary Host Club	2	3	11.30	U13B	75m	2	3	1	11.30	U17M	HIGH JP	1	3	11.30	U15B	HAMMER	1	1	11.30	U17M	HAMMER	1	1	11.30	U17W	800m	1	2	3	2B	3B	1B	12.15	U17W	LONG JP	1B	12.30	U15B	SHOT	2B	13.00	U13G	LONG JP	3B	13.00	U15B	JAVELIN	2	13.00	U17M	JAVELIN	1	13.30	U13B	HIGH JP	1	13.30	U15B	POLE VLT	1B	13.45	U17W	SHOT	3	13.45	U17M	LONG JP	2B	14.15	U15G	DISCUS	3B	14.30	U13B	SHOT	3	14.30	U15G	LONG JP	2B	15.15	U15G	SHOT	1B	15.15	U15B	LONG JP	1	15.25	U15B	DISCUS	3	15.30	U15G	HIGH JP	2	16.00	U17M	SHOT	3B	16.30	U17M	TRIPLE JP	1B	16.35	U15G	JAVELIN	1	16.45	U13G	SHOT	2B																																																																																																																																																																																																														
	U15G	75m	3	1	2	3B	1B	2B						MATCH 2	1B	2B	3B	11.30		U17W	80m				3	1				2	11.30				U15B	HAMMER	1	3	11.30	U17M	HAMMER	1		1	11.30			U17W	800m			3	1			2	2B			3B	1B			12.15	U17W			LONG JP	1B			12.30	U15B			SHOT	2B			13.00	U13G			LONG JP	3B			13.00	U15B			JAVELIN	2			13.00	U17M			JAVELIN	1			13.30	U13B			HIGH JP	1			13.30	U15B			POLE VLT	1B			13.45	U17W		SHOT	3	13.45	U17M	LONG JP	2B	14.15	U15G	DISCUS	3B	14.30	U13B	SHOT	3	14.30	U15G	LONG JP	2B	15.15	U15G	SHOT	1B	15.15	U15B	LONG JP	1	15.25	U15B	DISCUS	3	15.30	U15G	HIGH JP	2	16.00	U17M	SHOT	3B	16.30	U17M	TRIPLE JP	1B	16.35	U15G	JAVELIN	1	16.45	U13G	SHOT	2B																																																																																																																																																												
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	U17W	800m	3	1	2	3B	1B	2B																											MATCH 2	1B				2B	3B							11.30				U17W	800m								3				1																2			11.30					U15B			HAMMER					1			3					11.30			U17M								HAMMER					1						1			11.30					U17W			800m					2			3					1			2B					3B			1B					12.15			U17W				LONG JP	1B			12.30	U15B			SHOT	2B			13.00	U13G			LONG JP	3B			13.00	U15B			JAVELIN	2			13.00	U17M			JAVELIN	1			13.30	U13B			HIGH JP	1			13.30	U15B			POLE VLT	1B		13.45	U17W	SHOT	3	13.45	U17M	LONG JP	2B	14.15	U15G	DISCUS	3B	14.30	U13B	SHOT	3	14.30	U15G	LONG JP	2B	15.15	U15G	SHOT	1B	15.15	U15B	LONG JP	1	15.25	U15B	DISCUS	3	15.30	U15G	HIGH JP	2	16.00	U17M	SHOT	3B	16.30	U17M	TRIPLE JP	1B	16.35	U15G	JAVELIN	1	16.45	U13G	SHOT	2B																																																				
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	U17W	800m	1	2	3	3B	1B	2B																																																																																	MATCH 2			1B																2B								3B																			11.30								U17W			800m																1								2																	3			11.30					U15B			HAMMER					1			3					11.30			U17M								HAMMER				1					1			11.30					U17W			800m					3			1					2			2B					3B			1B					12.15			U17W				LONG JP	1B			12.30	U15B			SHOT	2B			13.00	U13G			LONG JP	3B			13.00	U15B			JAVELIN	2			13.00	U17M			JAVELIN	1			13.30	U13B			HIGH JP	1			13.30	U15B			POLE VLT	1B	
U17W	800m	3	1	2	3B	1B	2B	MATCH 2	1B	2B	3B	11.30	U17W						800m			3	1	2			11.30	U15B	HAMMER			1	3	11.30									U17M			HAMMER	1			1	11.30			U17W	800m			2	3			1	2B			3B	1B			12.15	U17W			LONG JP	1B			12.30	U15B			SHOT	2B			13.00	U13G			LONG JP	3B			13.00	U15B			JAVELIN	2			13.00	U17M			JAVELIN	1			13.30	U13B			HIGH JP	1			13.30	U15B			POLE VLT																					1B			13.45																U17W								SHOT																	3								13.45			U17M																LONG JP								2B																	14.15			U15G					DISCUS			3B					14.30			U13B</																																																																						

Match Draws - NORTHERN PREMIER & DIVISION 1

		NORTHERN PREMIER West			
		1	2	3	4
A	Blackburn	1	1	3	3
B	Blackpool, Wyre & Fylde	1	2	4	1
C	Liverpool Harr	1	2	2	2
D	Preston	1	1	2	1
E	Sale HM	1	2	3	2
F	Tm North Cumbria	1	2	4	3
G	Warrington	5	1	4	2
H	West Cheshire	5	2	2	3
I	Wirral	5	2	3	1

		NORTHERN 1 North West			
		1	2	3	4
1	Bingley	9	5	6	3
2	Border	9	1	4	1
3	Halifax Harr	9	9	6	8
4	Bury AC	9	5	6	1
5	Horwich	9	1	6	8
6	Lancaster & Morecombe	9	9	4	3
7	Pendle	8	5	4	8
8	Ribble Valley	8	1	6	3
9	SKYRAC	8	9	6	1

		NORTHERN 1 North East			
		1	2	3	4
K	Alnwick & Blyth	3	6	9	4
L	Birtley	3	4	1	4
M	Blaydon	3	4	9	9
O	Chester-Le-Street	7	6	9	4
P	Harrogate	7	4	9	9
S	Houghton AC	7	4	1	4
T	Middlesbro Mandale	3	6	1	9
U	Morpeth	3	4	9	4
W	Scarborough	3	4	9	4

		NORTHERN PREMIER East			
		1	2	3	4
1	Chesterfield	2	6	5	9
2	City of Sheffield	2	3	1	5
3	City of York	2	5	8	6
4	Doncaster	4	6	8	5
5	East Cheshire	4	3	5	6
6	Gateshead	4	5	1	9
7	Leeds City	7	6	1	6
8	Rotherham	7	3	8	9
9	Wakefield	7	5	5	5

		NORTHERN 1 South West			
		1	2	3	4
K	Altrincham & Dist	6	8	2	2
L	Bolton	6	7	3	7
M	Crewe & Nantwich	6	8	5	7
O	Macclesfield	6	8	5	7
P	Liv Perm Sefton	6	7	2	7
S	Southport Wat.	6	8	3	2
T	St Helens	5	8	3	7
U	Trafford	5	7	5	2
W	Wigan	5	8	2	7

		NORTHERN 1 South East			
		1	2	3	4
1	2DASH	4	9	7	8
2	Pontefract AC	4	7	7	6
3	Hallamshire Harr	4	3	8	5
4	Cleethorpes	2	9	8	6
5	Barnsley AC	2	7	7	5
6	Kingston-u-Hull	2	3	7	8
7	Lincoln Wellington	8	9	7	5
8	Scunthorpe	8	7	8	8
9	Spennorth	8	3	7	6

These tables indicate the clubs in each division and their identification number or letter; the number to the right of the name relate to the match number for each round. The match sheet numbers clubs from the LEFT 1,2,3 and 1B, 2B and 3B, from this the field duties and lane draws which are given on the timetable can be established

McCain Young Athletes League Northern Divisions Fixtures 2010

Premier and Division 1 Paired Matches

Match Number	Northern - Round 1 Match Venues		Division	Primary Host (Organisers & Results Match A) Team 1,2,3		Division	Secondary Host (Results Match B) Teams 1B,2B,3B		Northern Rd 1 Matches - May 2nd
1	Stanley Park		N Prem W	Blackpool W & F / Blackburn / Liv Harr		N Prem W	Preston / Sale HM / Tm N Cumbria		
2	Woodburn Rd		N Prem E	C o Sheffield / C of York / Chesterfield		N1 South E	Kingston U Hull / Barnsley / Cleethorpes		
3	Monkton Stad		N1 North E	Blaydon / Alnwick & Blyth / Birtley		N1 North E	Morpeth / Middles. Man / Scarborough		
4	Keepmoat Stad		N Prem E	Doncaster / E Cheshire / Gateshead		N1 South E	Hallamshire / 2Dash / Pontefract		
5	Robins Lane		N1 South W	Wigan / Trafford / St Helens		N Prem W	Warrington / W Cheshire / Wirral		
6	Litherland		N1 South W	Southport / Liv Pem Seft / Macclesfield		N1 South W	Bolton / Crewe & Nant / Altrincham & Dist		
7	Sth Leeds Stadium		N Prem E	Leeds / Rotherham / Wakefield		N1 North E	Harrogate / ChesterLeStreet / Houghton		
8	Witton Park		N1 North W	Ribble Valley / Pendle / Skyrac		N1 South E	Linc. Wellin. / Spenborough / Scunthorpe		
9	Sheepmount		N1 North W	Border / Bingley / Halifax Harr		N1 North W	LANC & MORECOMBE / Horwich / Bury		

see website for updates

Premier and Division 1 Paired Matches

Match Number	Northern - Round 2 Match Venues		Division	Primary Host - Organisers & Results Match A (Team 1,2,3)		Division	Secondary Host - Results Match B (Teams 1B,2B,3B)		Northern Rd 2 Matches - May 16th
1	Witton Park		N Prem W	Blackburn / Warrington / Preston		N1 North W	Horwich / Ribble Vall / Border		
2	Oval, Bebington		N Prem W	Wirral / Tm N CUMBRIA / Liv Harr		N Prem W	Sale HM / W Cheshire / Blackpool W&F		
3	Richmond Park		N Prem E	East Cheshire / C of Sheffield / Rotherham		N1 South E	Spensorough / Hallam H / King-U-Hull		
4	Monkton Stad		N1 North E	Morpeth / Birtley / Harrogate		N1 North E	Houghton A C / Scarborough / Blaydon		
5	Thornes Park		N Prem E	Wakefield / Gateshead / C of York		N1 North W	Bury / Bingley / Pendle		
6	Keepmoat Stad		N Prem E	Doncaster / Chesterfield / Leeds City		N1 North E	Middsbro Mand / Alnwick & B / Ch-L-Street		
7	Longford Park		N1 South W	Trafford / Liv Pem Seft / Bolton		N1 South E	Pontefract / Scunthorpe / Barnsley		
8	Macclesfield L.C.		N1 South W	Macclesfield / St Helens / Altrincham		N1 South W	Crewe & Nant / Southport Wat / Wigan		
9	Mount Stadium		N1 South E	2 Dash / Lincoln Well / Cleethorpes		N1 North W	Skyrac / Lancs & Morecombe / Halifax		

see website for updates

PREMIER AND DIVISION 1 PAIRED MATCHES

NORTHERN - ROUND 3 MATCH VENUES		PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3		SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B	
MATCH NUMBER	DIVISION	DIVISION	DIVISION	DIVISION	DIVISION
1	GATESHEAD INTL STA	N Prem E	GATESHEAD / Leeds City / City of Sheffield	N1 North E	BIRTLEY / Houghton AC / Mid'bro Man
2	WAVERTREE	N Prem W	LIVERPOOL HARR / Preston / West Cheshire	N1 South W	LIV PEM SEFTON / Altrincham / Wigan
3	SPORTCITY	N Prem W	SALE HARR MAN / Wirral / Blackburn	N1 South W	ST HELENS / Bolton / Southport
4	SHEEPMOUNT STAD	N1 North W	BORDER HARR / Lanc & More / Pendle	N Prem W	T.N.CUMBRIA / Blackpool W&F / Warrington
5	MOORWAYS	N Prem E	CHESTERFIELD / Wakefield / East Cheshire	N1 South W	MACCLESFIELD / Crewe & Nant / Trafford
6	ROBIN PARK	N1 North W	HORWICH / Skyrac / Bingley	N1 North W	HALIFAX HARR / Bury / Ribble Valley
7	COSTELLO STAD	N1 South E	KINGSTON U HULL / Pontefract / Linc Well	N1 South E	BARNSELEY / Spenborough / 2Dash
8	YORK	N Prem E	CITY OF YORK / Rotherham / Doncaster	N1 South E	SCUNTHORPE / Cleethorpes / Hallam Harr
9	MONKTON STAD	N1 North E	MORPETH / Blydon / Ch-Le-Street	N1 North E	ALNWICK & BLYTH / Harrogate / Scarborough

see website for updates

PREMIER AND DIVISION 1 PAIRED MATCHES

NORTHERN - ROUND 4 MATCH VENUES		PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3		SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B	
MATCH NUMBER	DIVISION	DIVISION	DIVISION	DIVISION	DIVISION
1	STANLEY PARK	N Prem W	BLACKPOOL W & F / Preston / Wirral	N1 North W	SKYRAC / Border / Bury AC
2	SPORTCITY	N Prem W	SALE H M / Warrington / Liverpool Harr	N1 South W	ALTRINCHAM / Trafford / Southport
3	STANNEY OAKS	N Prem W	WEST CHESHIRE / Blackburn / T.N.Cumbria	N1 North W	BINGLEY / Ribble Valley / Lancs & Morecombe
4	WHITLEY BAY	N1 North E	HOUGHTON / Alnwick & Blyth / Morpeth	N1 North E	CHESTER-LE-SS / Birtley / Scarborough
5	WOODBURN ROAD	N Prem E	C. OF SHEFFIELD / Doncaster / Wakefield	N1 South E	HALLAMSHIRE H / Barnsley / Lincoln Well
6	KING GEORGE Vth	N1 South E	CLEETHORPES / Spenborough / Pontefract	N Prem E	EAST CHESHIRE / C o York / Leeds City
7	WAVERTREE	N1 South W	LIV PEM SEFT / Crewe & Nant / St Helens	N1 South W	WIGAN / Macclesfield / Bolton
8	MOUNT STADIUM	N1 South E	2DASH / Kingston U Hull / Scunthorpe	N1 North W	PENDLE / Horwich / Halifax H
9	CLAIRVILLE	N1 North E	MIDDLESBRO MAN. / Blydon / Harrogate	N Prem E	ROTHERHAM / Gateshead / Chesterfield

see website for updates

NORTHERN RD 3 MATCHES - JUNE 20th

NORTHERN RD 4 MATCHES - JULY 18th

McCain Young Athletes League 2010 - Timetable for Premier & Divn 1 Matches

TRACK EVENTS			LINE UP ATHLETES "A" lanes 1,2,3 and "B" in 4,5,6.			RUN MATCH 1 AND MATCH 2 TOGETHER in all field events, 3000m, 1500m, 1500m S'chase and relays			FIELD EVENTS			CLUB ON DUTY									
TIME	A/G	EVENT	MATCH 1 THEN MATCH 2			DRAW NUMBER REFERS TO CLUBS AS LISTED UNDER:-			TIME	A/G	EVENT	1	2	3	1B	2B	3B				
			MATCH 1			MATCH 2															
11.30 SPRINT HURDLES	U13G	70m	1	2	3	1B	2B	3B	1 Primary Host Club	11.30	U13B	LONG JP		2							
	U13B	75m	2	3	1	2B	3B	1B			11.30	U17M	HIGH JP			3					
	U15G	75m	3	1	2	3B	1B	2B				U15B	HIGH JP								
	U17W	80m	3	1	2	1B	2B	3B				11.30	U15B	HAMMER	1						
	U15B	80m	2	3	1	2B	3B	1B					U17M	HAMMER							
	U17M	100m	1	2	3	3B	1B	2B					U17W	HAMMER							
12.20	U17W	800m	1	2	3	1B	2B	3B	2	12.15	U17W	LONG JP			1B						
	U15G	800m	2	3	1	2B	3B	1B			12.30	U15B	SHOT			2B					
	U13G	800m	3	1	2	3B	1B	2B				13.00	U13G	LONG JP				3B			
	U17M	800m	3	1	2	1B	2B	3B					13.00	U15B	JAVELIN		2				
	U15B	800m	2	3	1	2B	3B	1B						U17M	JAVELIN						
	U13B	800m	1	2	3	3B	1B	2B						13.30	U13B	HIGH JP	1				
									U13G	HIGH JP											
13.00	U13G	75m	3	1	2	3B	1B	2B	3	13.30	U15B	POLE VLT				1B					
	U17W	100m	1	2	3	1B	2B	3B			U17M	POLE VLT									
	U15G	100m	2	3	1	2B	3B	1B			U15G	POLE VLT									
	U17M	100m	3	1	2	1B	2B	3B			U17W	POLE VLT									
	U15B	100m	2	3	1	2B	3B	1B			13.45	U17W	SHOT		3						
	U13B	100m	1	2	3	3B	1B	2B				U17M	LONG JP			2B					
13.40	U17M	3000m	NO LINE UP ORDER - all run together						14.00	U17W	300m HURDS	3	1	2							
	U17W	3000m								14.10	U17M	400m HURDS	2	3	1						
14.25	U13G	150m	1	2	3	1B	2B	3B	14.15		U15G	DISCUS				3B					
	U13B	200m	2	3	1	2B	3B	1B			U17W	DISCUS									
	U15G	200m	3	1	2	3B	1B	2B			14.30	U13B	SHOT		3						
	U15B	200m	3	1	2	1B	2B	3B				U15G	LONG JP			2B					
	U17W	200m	2	3	1	2B	3B	1B				15.15	U15G	SHOT			1B				
	U17M	200m	1	2	3	3B	1B	2B		U15B			LONG JP	1							
15.10	U13G	1200m	1	1A	2	2A	3	3A	15.15	U15B	DISCUS		3								
	U13B	1500m	2	2A	3	3A	1	1A		U17M	DISCUS			3							
	U15G	1500m	3	3A	1	1A	2	2A		15.30	U15G	HIGH JP		2							
	U15B	1500m	3	3A	1	1A	2	2A			U17W	HIGH JP									
	U17W	1500m	2	2A	3	3A	1	1A			16.00	U17M	SHOT				3B				
	U17M	1500m	1	1A	2	2A	3	3A				16.30	U17M	TRIPLE JP				1B			
			"B" runners line up on behind "A" in 1500m						16.35	U15G	JAVELIN		1								
15.55	U17W	300m	1	2	3	1B	2B	3B		16.45	U13G		SHOT				2B				
	U15B	400m	2	3	1	2B	3B	1B													
	U17M	400m	3	1	2	3B	1B	2B													
16.25	U17W	4 x 100m	1	2	3	1B	2B	3B													
	U17M	4 x 100m	2	3	1	2B	3B	1B													
	U15G	4 x 100m	3	1	2	3B	1B	2B													
	U15B	4 x 100m	3	1	2	1B	2B	3B													
	U13G	4 x 100m	2	3	1	2B	3B	1B													
	U13B	4 x 100m	1	2	3	3B	1B	2B													
U17W	4 x 300m	2	3	1	2B	3B	1B														
RUN BOTH RELAYS MATCHES TOGETHER																					
17.00	U17M	1.5K S-chase	ALL TOGETHER																		
17.15	U15B	4 x 400m	3	1	2	1B	2B	3B													
	U17M	4 x 400m	2	3	1	2B	3B	1B													

OFFICIALS

Your officials need to SIGN IN with the discipline chiefs and give their level and number where appropriate. It is essential that they do this as 10 points are awarded for each official required - extra officials do not get points - the MINIMUM NUMBERS for each discipline required are:

1 x TRACK JUDGE
+ 1 x TIMEKEEPER
+ 4 x FIELD JUDGES.

POINT SCORES

These are awarded on a FIRST ACROSS THE LINE basis. "A" and "B" athletes are not seperated first. Points are 6,5,4,3,2,1 with 6 for 1st place and 1 for 6th. FIELD CARDS should show athletes for each match ranked 1 to 6.

PLEASE NOTE THAT THE START TIMES FOR THE EVENT ARE INDICATED, WARM UP SHOULD BE COMPLETED BEFORE THIS

Match Draws - SOUTHERN PREMIER & DIVISION 1

SOUTHERN PREMIER East		ROUND NUM			
		1	2	3	4
A	Bexley	1	1	1	1
B	Blackheath & Bromley	1	4	5	5
C	City of Norwich AC	1	3	4	4
D	Croydon Harriers	4	1	4	5
E	Enfield & Haringey	4	4	1	4
F	Havering Mayesbrook	4	3	5	1
G	Herne Hill Harriers	3	1	5	4
H	Bedford & County AC	3	4	4	1
I	Woodford Gn / Essex Ld.	3	3	1	5

SOUTH 1 North West		ROUND NUM			
		1	2	3	4
1	Bracknell	5	2	1	3
2	Camberley	5	1	2	3
3	Chiltern	5	4	3	4
4	Ealing	4	2	3	3
5	Kingston Poly	4	1	1	4
6	St Marys Richmond	4	4	2	3
7	Thames Vall Harr	3	2	2	4
8	Woking	3	1	3	3
9	Wycombe Phoenix	3	4	1	3

SOUTHERN 1 North East		ROUND NUM			
		1	2	3	4
K	Cambridge Harriers	1	2	5	2
L	Dartford	1	5	3	1
M	Herts Phoenix	1	7	4	2
O	NO CLUB	2	2	4	1
P	Medway	2	5	5	2
S	Newham & Essex	2	7	3	2
T	Orion	2	2	3	2
U	Southend	2	5	4	2
W	St Albans	2	7	5	1

SOUTHERN PREMIER West		ROUND NUM			
		1	2	3	4
1	Tonbridge	8	9	7	7
2	Bournemouth AC / Poole Run	8	2	8	7
3	Harrow	8	7	7	8
4	Hillingdon AC	9	9	7	7
5	Reading AC	9	2	7	8
6	Shaftesbury Barnet	9	7	8	7
7	Team Dorset	5	9	8	8
8	Southampton A C	5	2	7	7
9	WSEH	5	7	7	7

SOUTHERN 1 South West		ROUND NUM			
		1	2	3	4
K	A.F.D.	7	8	9	8
L	Chichester	7	8	9	6
M	Guildford & Godalming	7	9	8	6
O	Havant	6	8	8	6
P	Worthing	6	8	9	6
S	Portsmouth	6	9	9	8
T	New Forest	6	8	9	6
U	Winchester	6	8	8	8
W	Worthing	6	9	9	6

SOUTHERN 1 South East		ROUND NUM			
		1	2	3	4
1	Ashford	8	6	2	9
2	Brighton & Hove	8	6	6	5
3	Crawley	8	5	6	9
4	Eastbourne	7	6	6	5
5	Epsom	7	6	2	9
6	Hastings	7	5	6	9
7	Horsham Blue Star	9	6	6	9
8	Lewes	9	6	6	9
9	South London	9	5	2	5

These tables indicate the clubs in each division and their identification number or letter; the number to the right of the name relate to the match number for each round. The match sheet numbers clubs from the LEFT 1,2,3 and 1B, 2B and 3B, from this the field duties and lane draws which are given on the timetable can be established

McCain Young Athletes League Southern Divisions Fixtures 2010

Premier and Division 1 Paired Matches

Match Number	South - Round 1 Match Venues		Primary Host (Organisers & Results Match A) Team 1,2,3		Division	Secondary Host (Results Match B) Teams 1B,2B,3B	
	Match Number	Match Venues	Match A	Match B		Division	Match B
1	NORMAN PARK	S Prem E	BLACKHEATH & BROM / Bexley / City of Norwich	City of Norwich	S1 North E	HERTS PHOENIX / Cambridge Harr / Dartford	
2	WALTHAMSTOW	S1 North E	ORION / Southend / St Albans		S1 North E	MEDWAY / Newham & Essex / ?	
3	ASHTON PLAYING FS.	S Prem E	W.G. & E.L. / Herne Hill / Bedford & County		S1 North W	WOKING / Thames Valley / Wycombe Phoenix	
4	LEE VALLEY	S Prem E	ENFIELD & HARINGEY / Croydon / Havering		S1 North W	EALING / Kingston Poly / St Marys Richmond	
5	THAMES VALLEY	S Prem W	W.S.E. & H / Southampton / Team Dorset		S1 North W	CHILTERN / Bracknell / Camberley	
6	WINCHESTER SP STD	S1 South W	WINCHESTER / Worthing / New Forest		S1 South W	PORTSMOUTH / Havant / Isle of Wight	
7	TBC	S1 South W	A.F.D. / Chichester / Guildford Goldaiming		S1 South E	HASTINGS / Epsom / Eastbourne	
8	TONBRIDGE SCH	S Prem W	TONBRIDGE / Harrow / Bournemouth-Poole		S1 South E	ASHFORD / Crawley / Brighton & Hove	
9	HILLINGDON ATH STAD	S Prem W	HILLINGDON / Reading / Shafesbury Barnett		S1 South E	LEWES / South London / Horsham Blue Star	

see website for updates

Premier and Division 1 Paired Matches

Match Number	South - Round 2 Match Venues		Primary Host (Organisers & Results Match A) Team 1,2,3		Division	Secondary Host (Results Match B) Teams 1B,2B,3B	
	Match Number	Match Venues	Match A	Match B		Division	Match B
1	CROYDON SPS ARENA	S Prem E	CROYDON HARR / Bexley / Herne Hill		S1 North W	CAMBERLEY / Woking / Kingston Poly	
2	JOHN NIKE STAD	S1 North W	BRACKNELL / Ealing / Thames Valley		S Prem W	READING / Bournemouth-Poole / Southampton	
3	SUTCLIFFE PARK	S1 North E	CAMBRIDGE HARR. / ? / Orion		S Prem E	CITY OF NORWICH / Havering / WGEL	
4	HANDY CROSS STD	S1 North W	WYCOMBE PHOEN / St Marys Rich. / Chiltern		S Prem E	BEDFORD & COUNTY / Blackheath / Enfield Har	
5	PRINCES PARK	S1 North E	DARTFORD / Medway / Southend		S1 South E	CRAWLEY / Hastings / South London	
6	BROADBRIDGE HTH.	S1 South E	HORSHAM B.S. / Ashford / Eastbourne		S1 South E	EPSOM / Brighton & Hove / Lewes	
7	BARNETT COPTHALL	S Prem W	SHAFTESBURY BAR. / Harrow / WSEH		S1 North E	ST ALBANS / Herts Phoenix / Newham & Essex	
8	MOUNTBATTEN STD.	S1 South W	HAVANT / A.F.D. / New Forest		S1 South W	CHICHESTER / Isle of Wight / Winchester	
9	SPECTRUM	S1 South W	GUILDFORD & GOLD. / Portsmouth / Worthing		S Prem W	TEAM DORSET / Tonbridge / Hillingdon	

see website for updates

ROUND ONE MATCHES - MAY 2nd

ROUND TWO MATCHES - MAY 16th

PREMIER AND DIVISION 1 PAIRED MATCHES

SOUTH - ROUND 3 MATCH VENUES		DIVISION	PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3	DIVISION	SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B
1	KINGSMEADOW	S1 North W	KINGSTON POLY / Wycombe Phoen / Bracknell	S Prem E	BEXLEY / WG EL / Enfield Haringey
2	ST MARYS UNIV TRACK	S1 North W	ST MARYS RICHMOND / Thames Vall. H. / Camberley	S1 South E	SOUTH LONDON / Epsom / Ashford
3	TERENCE McMILLAN	S1 North E	NEWHAM & ESSEX / Orion / Dartford	S1 North W	WOKING / Ealing / Chiltern
4	MELBOURNE PARK	S1 North E	SOUTHEND / Herts Phoenix / ?	S Prem E	BEDFORD & COUNTY / C of Norwich / Croydon H
5	BATTERSEA PARK	S Prem E	HERNE HILL H / Havering May / Blackheath Brom	S1 North E	MEDWAY / St Albans / Cambridge Harriers
6	WILLIAM PARKER CAA	S1 South E	HASTINGS / Horsham BS / Brighton & Hove	S1 South E	EASTBOURNE / Lewes / Crawley
7	BANNISTER SP STAD	S Prem W	HARROW / Hillingdon / Southampton	S Prem W	TONBRIDGE / WSEH / Reading AC
8	MOUNTBATTEN STAD	S1 South W	HAVANT / Guildford & Goldalming / Winchester	S Prem W	BOURNEMOUTH-POOLE / Shaftesbury Bar / Tm Dorset
9	TBC	S1 South W	A.F.D. / Worthing / Isle of Wight	S1 South W	NEW FOREST / Chichester / Portsmouth

see website for updates

ROUND THREE MATCHES - JUNE 20th

PREMIER AND DIVISION 1 PAIRED MATCHES

SOUTH - ROUND 4 MATCH VENUES		DIVISION	PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3	DIVISION	SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B
1	WESTMINSTER LODGE	S1 North E	ST ALBANS / Dartford / ?	S Prem E	HAVERING MAYES. / Bexley / Bedford & County
2	WALTHAMSTOW	S1 North E	ORION / Medway / Herts Phoenix	S1 North E	CAMBRIDGE HARR / Southend / Newham-Essex
3	PERIVALE PARK	S1 North W	EALING / Camberley / Wycombe Phoenix	S1 North W	BRACKNELL / St Marys Richmond / Woking
4	WOODSIDE STADIUM	S1 North W	CHILTERN / Kingston Poly / Thames Vall Harr	S Prem E	ENFIELD & HARINGEY / Heme Hill Harr / City of Norwich
5	SUTTON ARENA	S1 South E	SOUTH LONDON / Eastbourne / Brighton & Hove	S Prem E	W.G & E.L. / Croydon Harr / Blackheath & Brom
6	WORTHING	S1 South W	WORTHING / Havant / Chichester	S1 South W	ISLE OF WIGHT / New Forest / Guildford Gold.
7	BARNETT COPTHALL	S Prem W	SHAFTESBURY B. / Tonbridge / Southampton	S Prem W	WSE&H / Hillingdon / Bournemouth-Poole
8	WINCHESTER SP STAD	S1 South W	WINCHESTER / Portsmouth / AFD	S Prem W	TM DORSET / Reading / Harrow
9	K2	S1 South E	CRAWLEY / Epsom / Horsham BS	S1 South E	ASHFORD / Lewes / Hastings

see website for updates

ROUND FOUR MATCHES - JULY 18th

Match Draws - MIDLAND PREMIER & DIVISION 1

MIDLAND PREMIER North					MIDLAND 1 North West					MIDLAND 1 North East								
					ROUND NUM					ROUND NUM								
					1	2	3	4	1	2	3	4	1	2	3	4		
A Birchfield					1	1	1	1	3	9	6	3	K	Burton	7	1	8	8
B Cannock & Staffs					1	3	2	9	3	2	8	9	L	Corby	7	7	2	2
C Charnwood					1	2	1	2	3	3	9	8	M	Daventry	7	9	9	1
D Mansfield					2	1	1	9	2	9	9	9	O	Grantham	8	1	9	2
E City of Stoke					2	3	1	2	2	2	6	8	P	Kettering	8	7	8	1
F Coventry Godiva					2	2	2	1	2	3	8	3	S	Leicester Coritnian	8	9	2	8
G Derby AC					1	1	2	2	3	9	8	8	T	Nene Valley	7	1	2	1
H Royal Sutton Coldfield					1	3	1	1	3	2	9	3	U	OWLS	7	7	9	8
I Notts AC					1	2	1	9	3	3	6	9	W	Sutton-in-Ashfield	7	9	8	2

MIDLAND PREMIER South					MIDLAND 1 South West					MIDLAND 1 South East										
					ROUND NUM					ROUND NUM										
					1	2	3	4	1	2	3	4	1	2	3	4				
1 Cardiff					5	6	4	4	K	Bridgend	4	5	4	5	1	Bicester Banbury	9	8	5	6
2 Halesowen					5	6	5	6	L	Bristol	4	5	3	4	2	Gloucester	9	8	7	7
3 Cheltenham					5	4	6	3	M	Carmarthen	4	4	3	5	3	Leamington	9	7	7	7
4 Solihull & Small Heath					6	6	6	6	O	City Of Plymouth	4	5	3	4	4	M. Milton Keynes	8	8	7	7
5 Rugby & Northampton					6	6	4	3	P	Cwmbran	4	5	4	5	5	Marlborough	8	8	5	7
6 Swansea					6	4	5	4	S	Llanelli Neath	4	4	3	5	6	Oxford City	8	7	7	6
7 Telford					6	6	5	3	T	Newport	5	5	3	5	7	Radley AC	9	8	7	7
8 Wolverhampton & Bilston					6	6	6	4	U	Team Bath	5	5	3	5	8	Stratford-u-Avon	9	8	7	6
9 Yate & District					6	4	4	6	W	Yeovil Olympiads AC	5	4	4	4	9	Swindon	9	7	5	7

These tables indicate the clubs in each division and their identification number or letter; the number to the right of the name relate to the match number for each round. The match sheet numbers clubs from the LEFT 1,2,3 and 1B, 2B and 3B, from this the field duties and lane draws which are given on the timetable can be established

McCain Young Athletes League Midland Divisions Fixtures 2010

Premier and Division 1 Paired Matches

Match Number	Midlands - Round 1 Match Venues		Primary Host (Organisers & Results Match A) Team 1,2,3		Division	Secondary Host (Results Match B) Teams 1B,2B,3B	
						Division	
1	ALEXANDER STAD	M Prem N	BIRCHFIELD / Cannock & Staffs / Charnwood	M Prem N	NOTTS AC / Derby AC / Royal Sutt Coldfield	M Prem N	NOTTS AC / Derby AC / Royal Sutt Coldfield
2	NORTHWOOD STAD	M Prem N	CITY OF STOKE / Mansfield / Coventry Godiva	M Prem N	CITY OF STOKE / Mansfield / Coventry Godiva	M1 N West	OSWESTRY / Nuneaton / Hereford
3	TIPTON SP ACADEMY	M1 N West	TIPTON / Tamworth / Wrexham	M1 N West	TIPTON / Tamworth / Wrexham	M1 N West	BROM & REDD / Bridgnorth / Dudley & Stour.
4	CARMARTHEN	M1 S West	CARMARTHEN / Bristol / Bridgend	M1 S West	CARMARTHEN / Bristol / Bridgend	M1 S West	CWMBRAN / City of Plymouth / Llanelli & Nth
5	PRINCE OF WALES	M Prem S	CHELTENHAM / Cardiff / Halesowen	M Prem S	CHELTENHAM / Cardiff / Halesowen	M1 S West	NEWPORT / Team Bath / Yeovil Olympiads
6	YATE OUTDOOR	M Prem S	YATE & DIST / Wolverhampton & Bil / Telford	M Prem S	YATE & DIST / Wolverhampton & Bil / Telford	M Prem S	SOLIHULL & S Hth / Rugby & N'ton / Swansea
7	ROCKINGHAM	M1 N East	CORBY / Burton / Daventry	M1 N East	CORBY / Burton / Daventry	M1 N East	NENE VALLEY / OWLS / Sutton-in-Ashfield
8	STANTONBURY STM	M1 S East	M MILTON KEYNES / Marlborough / Oxford City	M1 S East	M MILTON KEYNES / Marlborough / Oxford City	M1 N East	KETTERING / Grantham / Leicester Coritanian
9	EDMONDSCOTE	M1 S East	LEAMINGTON / Gloucester / Bicester Banbury	M1 S East	LEAMINGTON / Gloucester / Bicester Banbury	M1 S East	SWINDON / Stratford-U-Avon / Radley AC

see website for updates

Premier and Division 1 Paired Matches							
Match Number	Midlands - Round 2 Match Venues		Primary Host (Organisers & Results Match A) Team 1,2,3		Division	Secondary Host (Results Match B) Teams 1B,2B,3B	
						Division	
1	MOORLANDS	M Prem N	DERBY / Birchfield / Mansfield	M Prem N	DERBY / Birchfield / Mansfield	M1 N East	GRANTHAM / Burton / Nene Valley
2	PINGLES STADM	M1 N West	NUNEATON / Bromsgrove & Redditch / Tipton	M1 N West	NUNEATON / Bromsgrove & Redditch / Tipton	M Prem N	CHARNWOOD / Coventry Godiva / Notts AC
3	DELL STADIUM	M1 N West	DUDLEY & STOUR. / Oswestry / Wrexham	M1 N West	DUDLEY & STOUR. / Oswestry / Wrexham	M Prem N	CANNOCK & STAFFS / R.S.Coldfield / City of Stoke
4	CARMARTHEN ATH TR	M1 S West	CARMARTHEN / Llanelli & Neath / Yeovil Olympiads	M1 S West	CARMARTHEN / Llanelli & Neath / Yeovil Olympiads	M Prem S	CHELTENHAM / Swansea / Yate & District
5	UNIV OF BATH	M1 S West	TEAM BATH / Cwmbran / Bristol	M1 S West	TEAM BATH / Cwmbran / Bristol	M1 S West	BRIDGEND / Newport / City of Plymouth
6	RUGBY ATH TRACK	M Prem S	RUGBY & N'AMPTON / Halesowen / Wolv & Bilston	M Prem S	RUGBY & N'AMPTON / Halesowen / Wolv & Bilston	M Prem S	TELFORD / Cardiff / Solihull & S Hth
7	HORSPATH STADM	M1 S East	OXFORD CITY / Leamington / Swindon	M1 S East	OXFORD CITY / Leamington / Swindon	M1 N East	OWLS / Kettering / Corby
8	TILSLEY PARK	M1 S East	RADLEY AC / Bicester Banbury / M Milton Keynes	M1 S East	RADLEY AC / Bicester Banbury / M Milton Keynes	M1 S East	MARLBOROUGH / Gloucester / Stratford-u-Avon
9	KIDDERMINSTER	M1 N West	TAMWORTH / Hereford / Bridgnorth	M1 N West	TAMWORTH / Hereford / Bridgnorth	M1 N East	SUTTON IN ASHFIELD / Leicester Corrit. / Daventry

see website for updates

PREMIER AND DIVISION 1 PAIRED MATCHES

MATCH NUMBER	MIDLANDS - ROUND 3 MATCH VENUES	DIVISION	PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3		DIVISION	SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B	
			Team 1	Team 2		Team 1	Team 2
1	HARVEY HADDON	M1 Prem N	NOTTS AC / City of Stoke / Birchfield		M1 Prem N	MANSFIELD / Charnwood / Royal Sutton Coldfield	
2	PETERBOROUGH	M1 N East	NENE VALLEY / Leic Cortitianian / Corby		M1 Prem N	COVENTRY GODIVA / Cannock & Staffs / Derby AC	
3	NEATH SPORTS CEN	M1 S West	LLANELLI & NEATH / Bristol / Newport		M1 S West	CARMARTHEN / City of Plymouth / Team Bath	
4	YEOVIL SP CENT	M1 S West	YEOVIL / Bridgend / Cwmbran		M1 Prem S	RUGBY & N'AMPTON / Yate & Dist / Cardiff	
5	SWINDON COUN. GRD.	M1 S East	SWINDON / Marlborough / Bicester Banbury		M1 Prem S	SWANSEA / Halesowen / Telford	
6	NORMAN GREEN TR.	M1 Prem S	SOLIHULL & S.Hth / Cheltenham / Wolves & Bilston		M1 N West	WREXHAM / Nuneaton / Bridgnorth	
7	TILSLEY PARK	M1 S East	RADLEY / Oxford City / Gloucester		M1 S East	STRATFORD U AVON / M Mil. Keynes / Leamington	
8	SHOBNALL STAD	M1 N East	BURTON / Kettering / Sutton in Ashfield		M1 N West	TAMWORTH / Oswestry / Bromsgrove & Redd	
9	DELL STADIUM	M1 N West	DUDLEY & STOUR. / Hereford / Tipton		M1 N East	GRANTHAM / OWLS / Daventry	

see website for updates

PREMIER AND DIVISION 1 PAIRED MATCHES

MATCH NUMBER	MIDLANDS - ROUND 4 MATCH VENUES	DIVISION	PRIMARY HOST (ORGANISERS & RESULTS MATCH A) Team 1,2,3		DIVISION	SECONDARY HOST (RESULTS MATCH B) Teams 1B,2B,3B	
			Team 1	Team 2		Team 1	Team 2
1	WYNDAL LEIS CENT	M1 Prem N	ROYAL SUTT COLD. / Birchfield / Coventry Godiva		M1 N East	KETTERING / Daventry / Nene Valley	
2	MOORWAYS	M1 Prem N	DERBY AC / Charnwood / City of Stoke		M1 N East	CORBY AC / Sutton in Ashfield / Grantham	
3	TIPTON SP ACAD.	M1 N West	TIPTON / Bridgnorth / Oswestry		M1 Prem S	TELFORD / Rugby & Northampton / Cheltenham	
4	YATE SP CENT	M1 S West	BRISTOL / City of Plymouth / Yeovil Olympiads		M1 Prem S	CARDIFF / Swansea / Wolverhampton & Bilston	
5	CARDIFF INTL STADM	M1 S West	CWMBRAN / Carmarthen / Newport		M1 S West	BRIDGEND / Llanelli & Neath / Team Bath	
6	HORSPATH STADM.	M1 S East	OXFORD CITY / Bic. Banbury / Stratford U Avon		M1 Prem S	HALESOWEN / Solihull & Small Hth / Yate & District	
7	County Grd SWINDON	M1 S East	MARLBOROUGH / Leamington / Radley AC		M1 S East	GLOUCESTER / Swindon / M Milton Keynes	
8	LEICESTER	M1 N East	LEICESTER COR / OWLS / Burton		M1 N West	NUNEATON / Tamworth / Dudley & Stourbridge	
9	SOLIHULL	M1 N West	BROMSGROVE & REDDITCH / Hereford / Wrexham		M1 Prem N	CANNOCK & STAFFS / Mansfield / Notts AC	

see website for updates

ROUND THREE MATCHES - JUNE 20th

ROUND FOUR MATCHES - JULY 18th

Division 2

KIDDERMINSTER

Team "X"

ROUND	DATE	LOCATION	STATUS	SCORE
ROUND 1	May 2nd	suggested @ Alexander	MATCH 1	BIRCHFIELD LEAD
ROUND 2	MAY 16th	TO BE AT KIDDERSMINSTER	MATCH 9	TAMWORTH TO LEAD WITH KIDDERMINSTER
ROUND 3	June 20th	suggested BURTON	MATCH 8	BURTON LEAD
ROUND 4	July 18th	suggested TIPTON	MATCH 3	TIPTON LEAD

TBC

TBC

TBC

As the ONLY division 2 team in the Midlands, Kidderminster should maintain their OWN results

These will be used in a paper match basis to determine promotion when considering the LOWEST SCORING divn 1 team

McCain Young Athletes League 2010 - Timetable for Division 2 Matches

TRACK EVENTS										FIELD EVENTS										CLUB ON DUTY																
TIME	A/G	EVENT	CLUB LINE UP. RACE 1="A" and RACE 2="B". Combine only if safe to do so								DO NOT LEAVE LANES EMPTY IF CLUBS 7 OR 8 DO NOT EXIST AT THE MATCH										TIME	A/G	EVENT	1+	2	3+	4	5	6							
			LINE UP "A" and "B" RACE								DRAW NUMBER REFERS TO CLUBS AS LISTED UNDER:-																									
											TEAMS ATTENDING																									
11.30	U13G	70m	1	2	3	7	4	5	6	8	1	Host Club																								
	U13B	75m	8	2	3	1	5	6	4	7																										
	U15G	75m	7	1	2	8	6	1	4	5																										
	U17W	80m	3	7	1	2	4	5	6	8																										
	U15B	80m	2	3	7	8	5	6	4	1																										
	U17M	100m	1	8	2	3	7	6	4	5																										
12.20	U17W	800m	1	2	3	7	4	5	6	8	3																									
	U15G	800m	8	2	3	1	5	6	4	7																										
	U13G	800m	7	1	2	8	6	1	4	5																										
	U17M	800m	3	7	1	2	4	5	6	8																										
	U15B	800m	2	3	7	8	5	6	4	1																										
	U13B	800m	1	8	2	3	7	6	4	5																										
13.00	U13G	75m	1	2	3	7	4	5	6	8	6																									
	U17W	100m	8	7	3	1	5	6	4	2																										
	U15G	100m	3	1	2	8	6	7	4	5																										
	U17M	100m	4	7	1	2	3	5	6	8																										
	U15B	100m	2	3	7	8	5	6	4	1																										
	U13B	100m	7	8	2	3	1	6	4	5																										
13.40	U17M	3000m	NO LINE UP ORDER - all run together								OFFICIALS																									
	U17W	3000m																																		
14.00	U17W	300m HUR	3	1	2	7	4	5	6	8	Your officials need to SIGN IN with the discipline chiefs and give their level and number where appropriate. It is essential that they do this as 10 points are awarded for each official required - extra officials do not get points - the MINIMUM NUMBERS for each discipline required are: 1 x TRACK JUDGE + 1 x TIMEKEEPER + 4 x FIELD JUDGES.																									
14.10	U17M	400m HUR	2	3	1	8	5	6	4	7																										
14.25	U13G	150m	1	2	3	7	4	5	6	8																										
	U13B	200m	8	2	3	1	5	6	4	7																										
	U15G	200m	3	1	2	8	6	7	4	5																										
	U15B	200m	4	7	1	2	3	5	6	8																										
	U17W	200m	2	3	1	8	5	6	4	7																										
15.10	U13G	1200m	1	2	3	7	4	5	6	8																										
	U13B	1500m	8	2	3	1	5	6	4	7																										
	U15G	1500m	6	1	2	8	3	7	4	5																										
	U15B	1500m	3	7	1	2	4	5	6	8																										
	U17W	1500m	2	3	1	8	5	6	4	7																										
"B" runners line up on behind "A" in 1500m											POINT SCORES																									
15.55	U17W	300m	3	7	1	2	4	5	6	8											FOR DIVISION 2 MATCHES ONLY Due to the possible number of athletes competing in the event "A" and "B" athletes will score separately. 1st = 8 down to 8th = 1. These scores apply regardless of the number of teams present															
	U15B	400m	2	3	1	8	5	6	4	7																										
	U17M	400m	1	8	2	3	7	6	4	5																										
16.25	U17W	4 x 100m	1	2	3	7	4	5	6	8																										
	U17M	4 x 100m	8	2	3	1	5	6	4	7																										
	U15G	4 x 100m	6	1	2	8	3	7	4	5																										
	U15B	4 x 100m	3	7	1	2	4	5	6	8																										
	U13G	4 x 100m	2	3	1	8	5	6	4	7																										
	U13B	4 x 100m	1	8	2	3	7	6	4	5																										
17.00	U17M	1.5K S-chase	ALL TOGETHER																																	
17.15	U15B	4 x 400m	2	3	1	8	5	6	4	7																										
	U17M	4 x 400m	1	8	2	3	7	6	4	5																										
11.30	U13B	LONG JP																			2															
11.30	U17M	HIGH JP																			3+	8														
11.30	U15B	HIGH JP																			1+															
	U17W	HAMMER																			7															
12.15	U17W	LONG JP																					4													
12.30	U15B	SHOT																						5												
13.00	U13G	LONG JP																							6											
13.00	U15B	JAVELIN																			2															
	U17M	JAVELIN																																		
13.30	U13B	HIGH JP																			3+	8														
	U13G	HIGH JP																																		
13.30	U15B	POLE VLT																			1+															
	U17M	POLE VLT																			7															
	U15G	POLE VLT																																		
13.30	U17W	POLE VLT																																		
13.45	U17W	SHOT																					4													
13.45	U17M	LONG JP																					5													
14.15	U15G	DISCUS																			3+	8														
	U17W	DISCUS																																		
14.30	U13B	SHOT																					4													
14.30	U15G	LONG JP																						6												
15.15	U15G	SHOT																					4													
15.15	U15B	LONG JP																					5													
15.25	U15B	DISCUS																			1+															
	U17M	DISCUS																			7															
15.30	U15G	HIGH JP																			2															
	U17W	HIGH JP																																		
16.00	U17M	SHOT																						6												
16.30	U17M	TRIPLE JP																			3+	8														
	U17W	TRIPLE JP																																		
16.35	U15G	JAVELIN																			1+															
	U17W	JAVELIN																			7															
16.45	U13G	SHOT																						6												

PLEASE NOTE THAT THE START TIMES FOR THE EVENT ARE INDICATED, WARM UP SHOULD BE COMPLETED BEFORE THIS

N2 SOUTH EAST	
A	
B	Grimsby/Barton & District
C	Boston
D	
E	Sleaford

May 2nd

N2 SE
 This division may be revised following the decisions to 'combine' by some clubs for this league

N2 NORTH EAST	
K	Darlington
L	Durham City
M	New Marke
O	Richmond & Zetland
P	Shildon

May 2nd

July 18th

June 20th

May 16th

N2 NORTH	
A	Jarrow
B	Nth Shield Poly
C	South Shields
D	Sunderland Harr
E	Tynedale

May 16th

June 20th

N2 WEST CENTRAL	
K	Burnley
L	Holmfirth
M	Hyndburn
O	Kendal
P	Pudsey & Bramley

May 16th

N2 WEST	
A	Colwyn Bay
B	Deeside
C	Halton & Frod
D	Isle of Man
E	Leigh Harr
F	Maldwyn
G	Menai

May 2nd

May 16th

June 20th

July 18th

N2 SOUTH WEST	
A	Blackley & N Manchester
B	Longwood
C	Manchester Harr
D	Oldham
E	Salford
F	Stockport

May 16th July 18th

see website for updates

NORTHERN DIVISION 2

S2 SWEST	
A	Abingdon AC July 18th
B	City of Salisbury May 2nd June 20th
C	Fleet & Crookham
D	Guernsey / Jersey

S2 THAMES	
K	Eton Manor May 16th
L	Highgate June 20th
M	Ilford May 2nd
O	London Heathside July 18th
P	Vic Pk & Tower Hamlets
S	Queens Park Harr

S2 A24	
A	Dorking/Reigate Priory July 18th
B	East Grinstead
C	Hercules Wimbledon
D	Holland Sports
E	Sutton & District
F	Walton June 20th

SOUTHERN DIVISION 2

[see website for updates](#)

FEMALE RECORDS AND STANDARDS

STANDARDS

Under 17 Women					G1	G2	G3	G4
100m	Shaunna Thompson	Sale Harr Manch.	11.70	2008	12.5	12.7	12.9	13.1
200m	Shaunna Thompson	Sale Harr Manch.	24.10	2008	25.6	26.0	26.5	27.1
300m	Joey Duck	Marshall Milton Keynes	38.30	2004	41.4	42.1	43.0	44.3
800m	Danielle Christmas	Crawley AC	02:10.00	2004	2.14.6	2.17.1	2.20.8	2.25.4
1500m	Rowena Cole	Coventry Godiva Harr	04:30.90	2008	4.39.2	4.45.7	4.53.6	5.03.3
3000m	Laura Park	Team Nth Cumbria	09:40.40	2008	10.14.5	10.33.5	10.59.3	11.34.3
80m Hurdles	Nicola Robinson	Nuneaton Harriers	11.20	2002	12.2	12.4	12.9	13.8
	Ashley Helsby	Liverpool H & AC	11.20	2005				
300m Hurdles	Rachael Kay	Wigan & District Harriers	43.76	1997	45.6	46.8	48.4	50.8
4x100m Relay		Enfield & Haringey AC	48.06	2005				
4x300m Relay		W.S.E & H	02:43.10	2009				
High Jump	Vicki Hubbard	Grantham AC	1.78	2005	1.62	1.60	1.55	1.48
Pole Vault	Katie Byres	Sale Harr Manch.	3.60m	2009	3.20	2.90	2.65	2.15
Long Jump	Katarina J-Thompson	Liverpool H & AC	6.15m	2009	5.30	5.00	4.90	4.70
Triple Jump	Ahtollah Rose	Sale Harr Manch.	11.84m	2009	10.75	10.40	9.95	9.35
Shot	Eden Francis	Leicester Coritanian AC	13.57	2005	9.95	9.45	8.75	7.90
Hammer	Abbi Carter	Hull Achilles	51.27m	2009	39.60	36.50	29.90	22.20
Discus	Eden Francis	Leicester Coritanian AC	45.48	2005	32.80	30.15	27.95	24.55
Javelin	Hayley Thomas	Thurrock Harriers	44.36	2003	35.15	32.45	29.45	25.95
Under 15 Girls					G1	G2	G3	G4
100m	Carly Wenham	Crawley AC	11.90	2002	12.8	13.0	13.3	13.6
200m	Desiree Henry	Enfield & Haringey	24.18	2009	26.3	26.8	27.3	28.0
800m	Emma Hopkins	Leicester Coritanian	02:12.20	2001	2.21.0	2.23.5	2.27.5	2.32.0
1500m	Jenny Mockler	Liverpool H & AC	04:36.36	1996	4.51.0	4.58.5	5.04.5	5.15.5
75m Hurdles	Helen Asher	Wirral AC	11.10	2003	12.0	12.3	12.8	13.5
4x100m Relay		Sale Harriers Manchester	49.13	2004				
High Jump	Katarina Thompson	Liverpool H & AC	1.76	2007	1.55	1.50	1.45	1.40
Long Jump	Jade Surman	Birchfield Harriers	6.07	2003	4.90	4.75	4.60	4.35
Shot	Eden Francis	Leicester Coritanian AC	13.75	2003	9.65	9.15	8.55	7.80
Discus	Abbi Carter	Hull Achilles	39.47	2008	27.95	25.20	22.10	19.95
Javelin	Freya Jones	Team Southampton	42.31	2008	29.60	25.45	23.95	20.70
Pole Vault (new 09)	Lucy Bryan	Bristol & West	3.30m	2009	2.80	2.60	2.30	2.00
Under 13 Girls					G1	G2	G3	G4
75m	Kenisha Allen	Enfield & Haringey	9.50s	2009	10.4	10.6	10.8	11.2
150m	Emma Heath	Bristol AC	19.10	1999	20.5	20.0	21.5	22.4
800m	Chelsea Jarvis	St Helens Sutton	02:19.90	2008	2.32.0	2.35.5	2.40.0	2.46.0
1200m	Lisa Lanini	Wrexham AAC	03:46.60	1999	4.03.0	4.09.5	4.16.5	4.28.0
70m Hurdles	Nafalya Francis	Leicester Coritanian	11.10	2001	12.3	12.6	13.1	13.9
4x100m Relay		Blackheath & Bromley AC	52.60	2005				
High Jump	Hannah Thomas	Wrexham AAC	1.62	2005	1.38	1.33	1.28	1.20
Long Jump	Jade Surman	Birchfield Harriers	5.12	2001	4.35	4.20	4.05	3.75
Shot	Adele Nicoll	Oswestry Olympians	11.59m	2009	8.00	7.50	6.80	6.00

MALE RECORDS AND STANDARDS

STANDARDS

Under 17 Men					G1	G2	G3	G4
100m	Michael Powell	Hercules Wimbledon AC		1979	11.2	11.3	11.5	11.8
200m	Jamahl Alert-Khan	Shaftesbury Barnet Harriers	21.33	2003	22.7	23.0	23.5	24.0
400m	David Naithsmith	Derby & County AC	48.20	1996	51.0	52.0	53.0	54.5
800m	Peter Elliott	Rotherham Harriers	01:53.30	1979	1.59.0	2.01.0	2.03.5	2.07.0
1500m	Michael Smart	Harrow AC	03:55.66	2002	4.08.0	4.12.0	4.17.0	4.26.0
3000m	Ross Murray	Gateshead Harr	08:30.20	2007	9.02.5	9.13.0	9.28.0	9.50.0
100m Hurdles	Brett St Louis	Herne Hill Harriers	12.80	1985	13.9	14.3	14.8	15.7
	Julien Adeniran	Charnwood AC	12.80	2005				
400m Hurdles	Noel Levy	Blackheath Harriers	53.60	1991	57.5	59.0	61.1	64.5
	Ollie Crux	Ashford AC	53.60	2005				
1500m S/chase	Stephen Arnold	Portsmouth AC	04:14.40	1985	4.40.0	4.43.5	4.57.5	5.15.0
High Jump	Mark Lakey	Birchfield Harriers	2.10	1984	1.85	1.80	1.75	1.68
Pole Vault	Neil Winter	Shaftesbury Barnet Harriers	5.20	1990	4.00	3.65	3.35	2.80
Long Jump	Jonathan Moore	Birchfield Harriers	7.45	2000	6.25	6.05	5.85	5.55
Triple Jump	Jonathan Moore	Birchfield Harriers	15.58	2000	13.00	12.50	12.05	11.60
Shot	Carl Myerscough	Blackpool & Fylde AC	20.35	1996	13.15	12.25	11.55	10.60
Discus	Emeka Udechuku	Blackheath Harriers	58.24	1995	41.25	37.40	34.20	29.80
Hammer	Andrew Tolputt	Windsor Slough & Eton AC	74.80	1984	51.50	47.40	39.75	30.10
Javelin	David Parker	Scarborough AC	70.22	1996	49.45	46.40	42.85	38.00
4x100m Relay		Enfield & Haringey	41.92	2007				
4x400m Relay		Blackheath Harriers	03:22.69	2005				
Under 15 Boys					G1	G2	G3	G4
100m	Alex Nelson	City of Stoke AC	10.90	2002	11.7	11.9	12.1	12.5
200m	Julian Thomas	Birchfield Harriers	22.30	2001	23.9	24.3	24.8	25.6
400m	Ade Mafe	Borough of Hounslow	50.10	1981	54.5	55.8	57.0	59.0
	Richard Davenport	Gloucester AC	50.10	2000				
800m	Ryan Preddy	Gloucester AC	01:57.70	1998	2.07.0	2.10.0	2.13.5	2.18.5
1500m	David Gerard	Thurrock Harriers	04:03.70	1983	4.22.5	4.28.5	4.35.5	4.46.0
80m Hurdles	Richard Alexis-Smith	Sutton & District AC	10.90	2001	12.2	12.5	12.9	13.7
High Jump	Wayne Gray	Blackheath Harriers	1.97	1995	1.70	1.65	1.60	1.55
Pole Vault	Christian Linskey	Barnsley AC	4.20	1994	2.95	2.70	2.50	2.15
Long jump	Onochie Onuorah	Shaftesbury Barnet Harriers	6.72	1988	5.65	5.50	5.30	5.00
Shot	Chris Ellis	Bristol AC	18.50	1980	12.10	11.55	10.95	10.05
Discus	Curtis Griffith-Parker	Cambridge Harriers	53.93	2005	36.25	33.75	30.35	27.25
Hammer	Andrew Tolputt	Windsor Slough & Eton AC	69.04	1982	46.20	38.35	31.45	25.00
Javelin	Oliver Bradfield	City of Norwich	57.67m	2009	42.20	39.15	36.40	32.90
4x100m Relay		Haringey AC	44.80	1986				
		Blackheath Harriers	44.80	1995				
4x400m Relay		Enfield & Haringey AC	03:34.70	2004				
Under 13 Boys					G1	G2	G3	G4
100m	Chris Julien	Enfield & Haringey AC	11.86	2000	13.1	13.4	13.7	14.1
200m	Stephen Buttler	Wolverhampton & Bilston	24.00	1987	27.0	27.6	28.3	29.2
800m	Eric Kirmani	Shaftesbury Barnet Harr.	02:06.50	1979	2.24.0	2.27.5	2.31.0	2.36.0
1500m	David Gerard	Thurrock Harriers	04:23.70	1981	4.55.0	5.00.0	5.08.0	5.19.0
75m Hurdles	Ross Gilbert	City of Norwich	11.90s	2009	13.0	13.6	14.2	15.4
High Jump	Alex Cox	Bournemouth AC	1.65	2006	1.45	1.40	1.35	1.30
	Nicholas Hunt	Bournemouth AC	1.65	2008				
Long jump	Seamus Cassidy	Harrow AC	5.76	1999	4.65	4.50	4.35	4.10
Shot	Matthew Evans	Carmarthen Harriers	14.47	2001	8.95	8.50	7.75	6.70
4x100m Relay		Enfield & Haringey	49.90	2009				

YOUR PERFORMANCE RECORD

Record your performances for each round of the league competition.

Round 1 May 2nd	
Round 2 May 16th	
Round 3 June 20th	
Round 4 July 18th	
Area Final August 1st	
National Final	

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