

# Division Two News

Provisional Final Table - 2009

Table	1st	2nd	3rd	4th	5th	6th	Total	1st	2nd	3rd	4th	5th	6th	Total
1 Harrow	5	5	4	5	4	5	<b>28</b>	143	144.5	122	134.5	121.5	143	<b>808.5</b>
2 City of Norwich	3	5	5	5	5	5	<b>28</b>	108	131	147	122	122	161	<b>791</b>
4 Thurrock	5	5	5	4	3	5	<b>27</b>	133	118.5	141	107	121	143	<b>763.5</b>
3 Met Police	4	4	4	5	5	4	<b>26</b>	129	129	116.5	127	144	133	<b>778.5</b>
6 Bexley	5	4	4	4	4	5	<b>26</b>	133	118	129	102.5	123	128	<b>733.5</b>
7 Ryston R	4	5	5	2	4	4	<b>24</b>	112	136	125.5	100.5	125	136	<b>735</b>
5 Windsor, SEH	5	3	5	3	5	2	<b>23</b>	144	112	126	101	136	85	<b>704</b>
8 Stevenage&NH	4	2	5	5	3	3	<b>22</b>	107	97	124	119	104.5	80	<b>631.5</b>
9 Hastings	4	3	4	1	4	5	<b>21</b>	115	108	126.5	97.5	141	127	<b>715</b>
10 Aldershot, F&D	3	4	4	3	2	4	<b>20</b>	112.5	133	107.5	115	101	114.5	<b>683.5</b>
12 Ealing, S & M	2	1	3	4	4	3	<b>17</b>	102	90.5	115.5	114	123	106.5	<b>651.5</b>
11 Walton AC	3	3	3	3	3	2	<b>17</b>	94	105	113.5	106	121.5	103	<b>643</b>
15 Cambridge & C	5	2	2	4	1	3	<b>17</b>	123	90.5	86	118	79.5	106	<b>603</b>
13 Colchester	4	5	2	1	2	2	<b>16</b>	113	124	101	88	89	68	<b>583</b>
20 St Marys R'd	2	4	1	3	1	4	<b>15</b>	98.5	114.5	86.5	106	77	136	<b>618.5</b>
<b>19 Croydon H</b>	<b>1</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>4</b>	<b>15</b>	<b>83</b>	<b>109</b>	<b>103</b>	<b>91</b>	<b>101.5</b>	<b>119</b>	<b>606.5</b>
14 Guildford & G	1.5	2.5	3	2	5	1	<b>15</b>	91	101.5	91.5	94	128	49	<b>555</b>
18 Hillingdon AC	2	3	1	3	2	3	<b>14</b>	102	109	95.5	120	88	115	<b>629.5</b>
16 London H	3	1	2	4	3	1	<b>14</b>	99	68.5	92	137.5	106.5	81	<b>584.5</b>
17 Dartford	3	2	2	1	5	1	<b>14</b>	110	79.5	88	72	128.5	84	<b>562</b>
22 Dacorum & T	1	2.5	3	2	2	3	<b>13.5</b>	79	101.5	93.5	103	95.5	104	<b>576.5</b>
23 Watford	2	1	2	2	3	3	<b>13</b>	92	92	85	111	101.5	78	<b>559.5</b>
21 Newquay & P	1.5	2	1	5	1	2	<b>12.5</b>	91	95.5	81.5	148.5	67.5	103	<b>587</b>
24 Chichester R	1	1	1	2	1	1	<b>7</b>	49	71	78	72	59	43	<b>372</b>
25 Winchester	1	1	1	0	1	1	<b>5</b>	39	45	44.5	0	5	7	<b>140.5</b>

### **Results 1st August 2009** (amendment expected to Hemel Hempstead result)

Hemel H - 1 Bexley 128; 2 Croydon 119; 3 Dacorum &T 104; 4 Newquay &P 103; 5 Dartford 84  
Hillingdon - 1 Harrow 143; 2 Met Pol 133; 3 Hillingdon 115; 4 Watford 78; 5 Guildford &G 49  
Kings Lynn - 1 Norwich 161; 2 Ryston 136; 3 Stevenage NH 80; 4 Colchester 68; 5 Chichester 43  
Basingstoke - 1 Thurrock 143; 2 SMRichmond 136; 3 Cambridge &C 106; 4 Windsor SHE 85; 5 Winchester 7  
Parl Hill - 1 Hastings 127; 2 Aldershot F&D 114.5; 3 Ealing SM 106.5; 4 Walton 103; 5 London H 81

### **Results 11th July 2009**

Guildford - 1 Guildford &G 128; 1 Bexley 123; 3 London H 106.5; 4 Colchester 89; 5 Cambridge &C 79.5  
Eton - 1 Windsor SHE 136; 2 Ealing SM 123; 3 Watford 101.5; 4 Dacorum &T 95.5; 5 Chichester 59  
Dartford - 1 Dartford 128.5; 2 Ryston R 125; 3 Walton 121.5; 4 Hillingdon 88; 5 St Marys Richmond 77  
Hastings - 1 Met Police 144; 2 Hastings 141; 3 Stevenage &NH 104.5; 4 Croydon 101.5; 5 Winchester 5  
Eton - 1 C Norwich 122; 2 Harrow 121.5; 3 Thurrock 121; 4 Aldershot FD 101; 5 Newquay &P 67.5

### **Results 27th June 2009**

Windsor - 1 Met Police 127; 2 Thurrock 107; 3 Walton 106; 4 Dacorum & T 103; 5 Colchester 88  
Hemel H - Stevenage &NH 119; 2 Camb & Col 118; 3 Aldershot FD 115; 4 Watford 111; 5 Dartford 72  
Par - 1 Newquay &P 148.5; 2 London H 137.5; 3 Hillingdon 120; 4 Chichester 72; Winchester dna  
Harrow - 1 Harrow 134.5; 2 Bexley 102.5; 3 Windsor SHE 101; 4 Ryston R 100.5; 5 Hastings 97.5  
Ealing - 1 Norwich 122; 2 Ealing SM 114; 3 St Marys Richmond 106; 4 Guildford &G 94; 5 Croydon 91

### **Results 6th June 2009**

Sandy - 1 Stevenage &NH 124; 2 Harrow 122; 3 Dacorum &T 93.5; 4 London H 92; 5 SM Richmond 86.5  
Croydon - 1 Windsor SHE 126; 2 Aldershot FD 107.5; 3 Croydon 103; 4 Calchester 101; 5 Hillingdon 95.5  
Walton - 1 Norwich 147; 2 Bexley 129; 3 Walton 113.5; 4 Watford 85; 5 Winchester 44.5  
Perivale - 1 Ryston R 125.5; 2 Met Police 116.5; 3 Ealing SM 115.5; 4 Cambridge &C 86; 5 Newquay &P 81.5  
Soton - 1 Thurrock 141; 2 Hastings 126.5; 3 Guildford &G 91.5; 4 Dartford 88; 5 Chichester 78

### **Results 16th May 2009**

Teddington - 1 Colchester 124; 2 St Marys Richmond 114.5; 3 Hastings 108; 4 Newquay & Par 95.5; 5 Watford 92  
Basingstoke - 1 Ryston R 136; 2 Aldershot FD 133; 3eq Guildford &G/Dacorum &T 101.5; 5 Winchester 45  
Croydon - 1 Harrow 145; 2 Croydon 109; 3 Walton 105; 4 Camb & Col 90; 5 Chichester 71  
Erith - 1 Thurrock 118.5; 2 Bexley 118; 3 Hillingdon 109; 4 Stevenage NH 97; 5 Ealing SM 90.5  
Norwich - 1 Norwich 131; 2 Met Police 129; 3 Windsor SHE 112; 4 Dartford 79.5; 5 London H 68.5

### **Results 2nd May 2009**

Cambridge - 1 Cambridge & C 123; 2 Hastings 115; 3 Norwich 108; 4 Hillingdon 102; 5 Dacorum & Tring 79  
Bexley - 1 Bexley 133; 2 Met Police 129; 3 Aldershot F&D 112.5; 4 St Marys Richmond 98.5; 5 Chichester R 49  
Colchester - 1 Harrow 143; 2 Colchester 113; 3 Dartford 110; 4 Ealing SM 102; 5 Winchester 39  
Colchester - 1 Thurrock 133; 2 Ryston R 112; 3 London H 99; 4 Watford 92; 5 Croydon 83  
Guildford - 1 Wiindsor SE&H 144; 2 Stevenage &NH 107; 3 Walton 94; 5eq Guildford & G/Newquay &P 91

# SOUTHERN MEN'S LEAGUE DIVISION TWO 2009 FIXTURES **Final**

## SOUTHERN MEN'S LEAGUE

## 2009 FIXTURES

## DIVISION 2

### FINAL

Venue	Host Club	1	2	3	4	5	S. D or J
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### 02-May

Cambridge Bexley	Camb & Col	Dac &T	Hillingdon	Hastings	Norwich	S	
Bexley	Bexley	Chichester	St Mary Rich	AFD	Met Pol	S	
Colchester	Colchester	Ealing	Dartford	Winchester	Harrow	D2 Thurr	
Colchester	Thurrock	Lon Heath	Watford	Croydon	Ryston	D2 Colch	
Guildford	Guildford&G	Walton	WSEH	Stev & NH	Newquay&P	S	

### 16-May

Teddington	St Mary Rich	Watford	Hastings	Colchester	Newquay&P	D4W Lon	
Basingstoke	AFD	Winchester	Dac &T	Guildford&G	Ryston	D3W And	
Croydon	Croydon	Harrow	Camb & Col	Walton	Chichester	D3S SLH	
Erith	Bexley	Thurrock	Ealing	Hillingdon	Stev & NH	D4E I&I	
Norwich	Norwich	WSEH	Met Pol	Dartford	Lon Heath	S	

### 06-Jun

Sandy Beds	Stev & NH	Dac &T	Lon Heath	Harrow	St Mary Rich	D3N Bigg	
Croydon	Croydon	Hillingdon	Colchester	WSEH	AFD	S	
Walton	Walton	Watford	Norwich	Winchester	Bexley	S	
Perivale	Ealing	Newquay&P	Ryston	Camb & Col	Met Pol	S	
Soton	Chichester	Dartford	Guildford&G	Thurrock	Hastings	D1 Ports	

### 27-Jun

Windsor	Met Pol	Walton	Thurrock	Colchester	Dac &T	J SWL WSEH	
Hemel H	Watford	Camb & Col	AFD	Stev & NH	Dartford	S	
Par	Newquay&P	Chichester	Winchester	Hillingdon	Lon Heath	S	
Harrow	Harrow	Hastings	Bexley	Ryston	WSEH	J SWL Met P	
Ealing	Ealing	Guildford&G	Norwich	St Mary Rich	Croydon	J SWL	

### 11-Jul

Guildford	Guildford&G	Bexley	Colchester	Lon Heath	Camb & Col	S	
Windsor	WSEH	Dac &T	Chichester	Watford	Ealing	D2 AFD	
Dartford	Dartford	St Mary Rich	Hillingdon	Ryston	Walton	S	
Hastings	Hastings	Met Pol	Croydon	Stev & NH	Winchester	D3S	

Windsor AFD Norwich Harrow Thurrock Newquay&P D2 WSEH

### 01-Aug

H Hemp	Dac &T	Bexley	Croydon	Newquay&P	Dartford	D3N VoA
Hillingdon	Hillingdon	Watford	Harrow	Met Pol	Guildford&G	D3N Wyc P
KingsLynn	Ryston	Chichester	Stev & NH	Norwich	Colchester	S
Basingstoke	Winchester	WSEH	Camb & Col	St Mary Rich	Thurrock	D3W B'stoke
Parl Hill	Lon Heath	AFD	Walton	Ealing	Hastings	D3S QPH

Lane Draw	1	2	3	4	5
<b>Field Event</b>	<b>Hammer</b>	<b>Long Jump</b>	<b>Shot</b>	<b>Javelin</b>	<b>High Jump</b>
<b>Judging</b>	<b>Pole Vault</b>	<b>Triple Jump</b>	<b>Discus</b>		

### Division Two Records

EVENT	PERFORMANCE	ATHLETE	CLUB	YEAR
100m	10.6	M Adam	Belgrave	90
		R Lewis	Tonbridge	90
		A Knight	Luton	93
		T Ganda	N London	95
		K-J Aung	TVH	97
		D Grant	Blackheath	02
200m	21.1	M Adam	Belgrave	90
400m	47.1	J Chatt	Dartford	01
800m	1:50.2	M Shone	Woodford G	99
1500m	3:47.8	G Rizzo	Nene Valley H	90
5000m	13:47.9	K Cullen	Chelmsford	00
110m H	14.4	R Alleyne	Vic P & TH	03
400mH	51.6	T DeVilliers	Chelmsford	01
3000mS/C	8:56.5	M Warmby	Newham & EB	02
4x100	41.9	Newham & EB		93
4x400	3:17.8	Team Solent		92
HJ	2.20	G Parsons	London	90
LJ	7.63	D Costello	Norfolk O	89
TJ	16.26	J Sweeney	TVH	91
PV	5.30	N Buckfield	Crawley	93
SP	18.18	M Proctor	Newham & EB	96
DT	59.51	L. Newman	Belgrave	98
JT	74.26	C. Mackenzie	Newham & EB	96
HT	64.76	P Spivey	Belgrave	90